Welcome to Bethesda UMC

Sunday, July 30, 2023

Reconciling Ministries Network

OUR STATEMENT OF WELCOME

We are a congregation that welcomes all with open hearts, open minds and open doors.
Our faith is deeply rooted in the Methodist tradition of social justice
and we support the inclusion of all in every aspect of the life of the church.
We are more than the sum of our parts.
We are a community of believers, doubters and seekers of all ages, from all corners of the earth.
Our church family is made up of people of differing sexual orientations and gender identities
and we affirm and celebrate all of them.
We are socially, politically and theologically diverse, yet we are one in the body of Christ.
We welcome everyone who wishes to join us as we strive to order our lives
in the way of the footwasher, Jesus Christ, to love our God, to love our neighbors
and to bring peace, kindness and justice to a world in need.

We're Glad You Are Here Today!

Please fill out an **Attendance Card** (located in the pew rack) to let us know you've been here in worship (just leave the card on the pew at the end of the service). You can use this card to share prayer requests, send a message to the pastors, or update your contact information. Thanks!

New Here?

We warmly welcome all who are visiting our church this morning. We hope to have the chance to personally greet you and answer any questions about our congregation that you may have. Want to learn more about BUMC? We invite you to text your name and email address to us at **301-246-0866** and we'll be in touch soon!

BUMC's COVID Safety Policy

Wearing masks is not required during our services and activities but is recommended. Hand hygiene is important – feel free to use the sanitizing stations in the narthex and Lonnie's Lobby. And most of all, if you at all feel not well, even if it is just a little bit, the most loving thing you can do is to join us virtually instead of in person until you are sure you are well. The last two pews in the back are reserved for those who want to sit close wearing masks.

Bethesda United Methodist Church

8300 Old Georgetown Rd, Bethesda, MD 20814 • 301-652-2990 • washmorefeet.org

Rev. Dr. HiRho Park
Lead Pastor
hrpark@washmorefeet.org

Dr. Shaw Brewer
Minister of Discipleship & Justice
shaw@washmorefeet.org

Eighth Sunday After Pentecost

Sunday, July 30, 2023 10:00 a.m.

BUMC's services are livestreamed. Please be aware mics are live and conversations may be heard over the air. If you prefer not to be visible on the video, which is broadcast on YouTube, we invite you to be seated towards the rear of the Sanctuary. Thank you.

GATHERING

GATHERING MUSIC

"Prelude and Fugue in G Major" from *Huit petits Préludes et Fugues*
- J.S Bach (BWV 557)

BRINGING THE LIGHT OF CHRIST

TOLLING OF THE CHURCH BELL

Ringing church bells is our witness to God's presence in the world.

WELCOME & ANNOUNCEMENTS

*** GREETING**

Leader: Even though we don't always feel it, God is with us.

People: The darkness and doubt of the world can threaten to consume us.

Leader: Yet God is with us.

People: All around us there is fear and hopelessness.

Leader: God brings to us hope and peace. We place our trust in God's abundant love.

People: Let us freely and without fear open our hearts to God.

*** OPENING HYMN** *UMH 159*

"Lift High the Cross"

*** A BLESSING OF COURAGE**

Leader: God, I have no idea what courage is or where to get any, but I really need it.

People: Help me in my fear.

Leader: Blessed are we who say, God,
fear is taking up too much space and I have little bandwidth left.

People: Help me in my fear.

Leader: If courage is a gift, then please give it.
And it if is a thing for me to do, then show me how that goes.

People: help me in my fear.

Leader: John 14:1 says do not let your hearts be troubled. You believe in God; believe also in me.

**People: 2 Timothy 1:7 says for God has not given us the spirit of fear,
but of power and of love and of a sound mind.**

Leader:..so it's both? Courage is what I do and at the same time, it is given to me.

People: That is so like You, God, to place us in the contradiction where deep listening must begin.

Leader: Blessed are we who say, thank you God, that You speak through Your Word, through others, and You even speak through fear–that strange friend who tells us important things for our good. But it can't tell us everything. it is but a sentinel and not our heart's home.

People: Help me in my fear.

Leader: Sit, and let your fear speak.

People: We will sit longer, and let your heart take courage.

*** SHARING OF THE PEACE** *UMH 666*

"Shalom To You"

LISTENING

CHILDREN'S MESSAGE

HYMN *UMH 534*

"Be Still My Soul"

PRAYERS OF THE PEOPLE

SCRIPTURE READING *Ada Wong*

Luke 12:22-23, 27-31

MESSAGE *Rev. Dr. HiRho Park*

"*Unafraid*: Cultivating Gratitude: a Practice of Addressing Fear"

RESPONDING

INVITATION TO THE OFFERING

OFFERING & OFFERTORY MUSIC

"Lyric Poem" - J. Brahms

*** OFFERTORY PRAYER**

SENDING

*** CLOSING HYMN** *TFWS 2218*

"You Are Mine"

*** CARRYING THE LIGHT OF CHRIST INTO THE WORLD**

*** DISMISSAL WITH BLESSING**

*** CLOSING MUSIC**

"Toccata in F" - D. Buxtehude (1637-1707)

TODAY'S WORSHIP MINISTRY

Pastor: Rev. Dr. HiRho Park
Minister of Discipleship & Justice: Dr. Shaw Brewer
Director of Music: Chris Warrington
Sanctuary Choir Conductor: Max Nolin
Director, Bethesda Bells: Gail Williams
Tech: Steven Martin (slides), Sam Bohn (livestream), Carl Eichenwald (sound)
Coffee Hour: Ada Wong & Haitao Wang, Enrica Lipata

Worship Chairs: Bill Allman & Cindy Osnos

If you have any questions or wish to provide input about our worship services, please contact Bill (bilgerall@yahoo.com) or Cindy (osnosmcrc@comcast.net). We'd love to hear from you.

Today at BUMC

Sunday, July 30:

Faith In Action Middle School Mission Trip (Sunday-Wednesday)

- 10:00 am Summer Worship (in-person/online)
- 11:00 am Fellowship Time
- 5:00 pm Project Transformation Dinner

Thank you for choosing to worship with us on your busy Sunday. We understand that our services may sometimes go beyond one hour. If you need to leave at the end of the one-hour service, we kindly ask that you do so quietly. Our worship leaders will not be offended.

MORE WAYS TO GIVE: Sometimes we want to say "thank you" to God by offering gifts for special, unique reasons. Now we have a giving category, "Thanksgiving," so that you can express your gratitude for life passages, such as birthdays, promotions, the birth of a grandchild, graduation, college acceptance, getting a new job, or moving, etc. Donate today by using this code =>

TEXT MINISTRY: Start each day with a Bible verse that corresponds to our summer Bible study, *Unafraid*. Except on Sundays, we are sending out a text to everyone that signs up. If you joined our text message list last year during Advent, you don't have to do anything else. If you haven't signed up yet, please text "join" to (301) 654-5160. It's a great way to start every day.

PROJECT TRANSFORMATION DINNER: Young adults will be hosting a special dinner for the Project Transformation interns today at 5:00 p.m.! It's a terrific opportunity to meet and fellowship with young adults who are dedicating their summer to making a difference in the lives of kids across the DC area. As we break bread together, we'll also have the chance to share our skills of hospitality and make new friendships. And let's not forget about the delicious food we'll be serving! So come join us for a night of meaningful connections and transformational experiences. We still have spots available. RSVP to shaw@washmorefeet.org as soon as possible.

KARA PEACE IS MOVING ON: Our Director of Student and Children's Ministries, will be leaving her position at our church at the end of August. Kara and her husband, Josiah, are relocating to the Frederick area to pursue other opportunities. Kara brought a sense of freshness and enthusiasm to the youth program at BUMC, along with a fun-loving spirit. Throughout her time here, she has been a consistent and supportive presence. We hope that she will visit us occasionally as she will be greatly missed.

BACKPACK DRIVE: EMPOWERING CHILDREN, SHAPING FUTURES: We are thrilled to be one of the congregations assisting Interfaith Works with their annual backpack and school supplies program. This year, they aim to collect and distribute an impressive 2,500 backpacks, each filled with brand new school supplies, to the amazing children of Interfaith Works Clothing Center. The success of this initiative relies on the generosity of donors like us. To make a donation, bring your items to the church between August 1-13. We will dedicate backpacks on the Back To School Sunday, August 13. For more information, reach out to Shaw at shaw@washmorefeet.org. Look in the August Messenger for a full list of items needed.

SUNDAY SCHOOL TEACHERS NEEDED: We are looking for Sunday School Teachers to join our vibrant community and ignite young hearts with the love of Christ. With classes beginning on Sept 11 and continuing every Sunday through May, this is an invaluable opportunity to make a lasting impact on the lives of our precious children. Whether you can commit to teaching every week or only a few times a month, your contribution is invaluable. We believe that each teacher brings a unique gift to the classroom, and we welcome diverse perspectives and experiences. Come and be a part of our dedicated team, nurturing spiritual growth, and fostering an environment of love and learning. To sign up or learn more, reach out to Dennis at dennis@washmorefeet.org. Together, let's create wonderful memories and inspire the next generation!